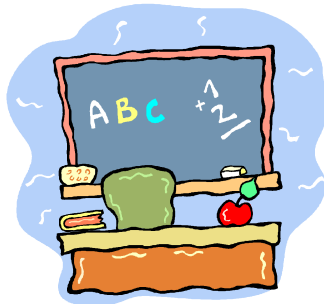


I'm Ready For School When...



My name is

I'm Ready For School was created for you and your child to enjoy together. Read through the book with your child. Help your child to complete each page. As you work through the pages we hope this will help you think about the skills your child needs to be ready for Kindergarten.

Establishing healthy sleeping and eating routines before school starts will create a smoother transition when Kindergarten begins. Have fun helping your child become familiar with their letters, numbers, shapes and colors.

You are your child's first teacher. We hope this book will help you and your child prepare for a successful Kindergarten experience.

In the middle of the book you will find pictures to cut and paste on each page. Please paste the pictures in the correct boxes

If you have any concerns about your child's development contact your child's school and ask for a screening.

I'm ready for
school when.....

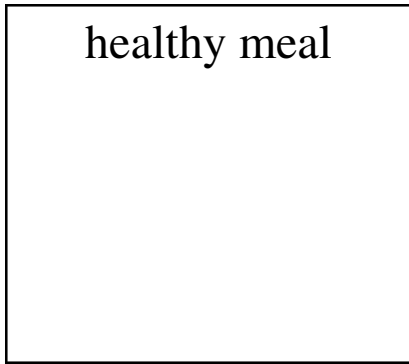
I have had 10 to 12
hours of sleep.

Sleep

Paste picture here

I'm ready for
school
when.....

I have had a
healthy meal.



I'm ready for
school when.....

I wash my hands
and face

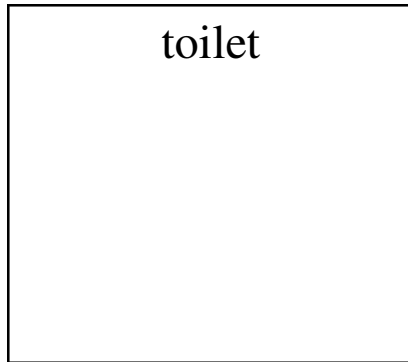
hands	face
-------	------

and comb my hair
and brush my teeth.

hair	teeth
------	-------

I'm ready for
school
when.....

I can use the
bathroom all by
myself.



I'm ready for
school
when.....

I can zip, button,
snap and tie.

zip

button

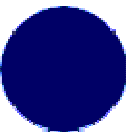
snap

tie

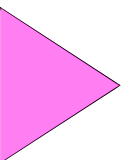
To get ready.....
I will know my shapes.....



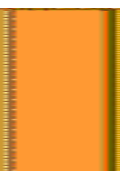
Square



Circle



Triangle



Rectangle



Heart



Oval

To get ready.....

I will cut, color and
paste these pictures...



Address



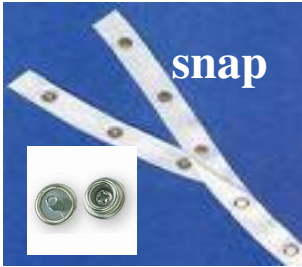
Phone

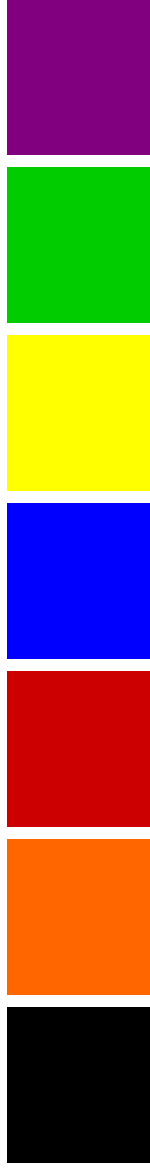


Parents



Cut, Color and Paste





To get ready.....

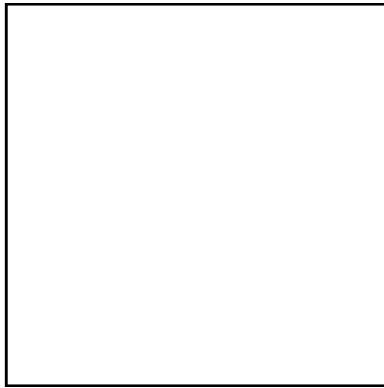
I will know my colors.....

**Parent helps child color in corresponding squares
and name colors.*

		Black
		Orange
		Red
		Blue
		Yellow
		Green
		Purple

To get ready.....

I will be able to tell my
parent's name,
address and
telephone number



To get ready.....

I will name my
lowercase letters...

h	o	s	f
u	y	p	l
c	r	w	n
x	b	k	e
m	g	i	t
q	a	z	d
j	v		

To get ready.....

I will name my
uppercase letters....

(Capital)

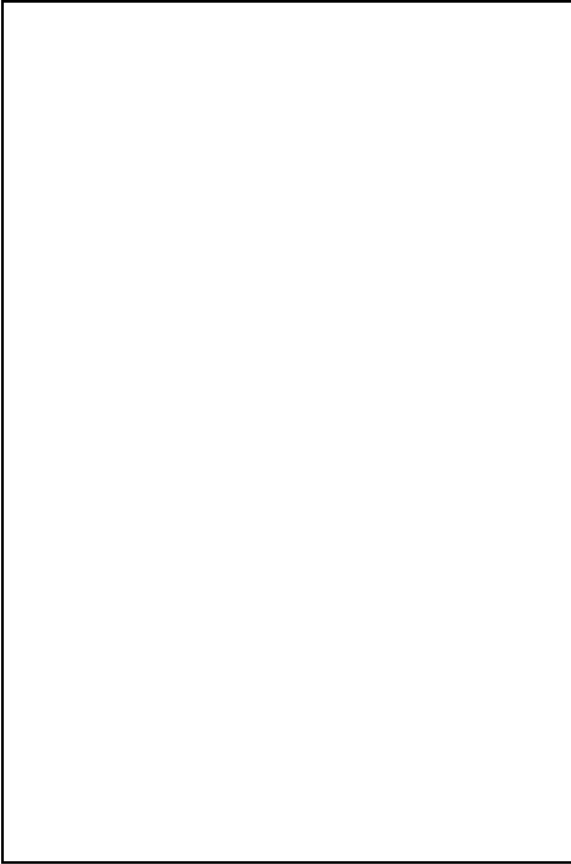
H	O	S	F
U	Y	P	L
C	R	W	N
X	B	K	E
M	G	I	T
Q	A	Z	D
J	V		

To get ready.....

I will know my numbers 1-10.....

1	2	3	4	5	6	7	8	9	10
---	---	---	---	---	---	---	---	---	----

Draw a picture of yourself.



Now, I'm Ready!



This book was created in response to a school survey conducted in the fall of 2007. After reviewing the results, the School Community Survey Committee developed a plan to create a “Parent to Parent” network beginning at the Kindergarten level. This book represents feedback from current Kindergarten parents and staff on what parents wished they had known before their student entered Kindergarten.

Special thanks to the Committee Members:

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Carol O’Connell- VVCS Parent & Community Task Force Member

Erin Brouillette- VVCS Pre-School Teacher

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Linda Clark Parent

Elizabeth Hill Parent

Heather Gilson-Carr Parent

Patty Szymt Parent

Michelle Vachon Parent

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NH State PIRC

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